

For Teams, Clubs, Leagues & Athletic Programs

Your Athletes Train Hard. Do You Know What's Holding Them Back?

CBH's wellness test gives athletes a personalized look at the patterns behind what's keeping them from peak performance. No needles, no lab visits, no added work for your staff.



What the Scan Shows Your Athletes

Training plans are built on what you can see. This looks at what you can't.

Food and
environmental
sensitivities that may
drain energy

Nutritional gaps and
stressors that can
affect recovery

Brain & Body Scan
insights into
performance, stress,
and mental load

A personalized natural
regimen built from
their unique needs

Choose the Partnership That Fits Your Program

1

Athlete Wellness Access

- 1 Discounted scans for athletes and families
- 2 Discounted remedies from each athlete's personalized plan
- 3 Simple at-home hair and saliva sample
- 4 Ongoing support from the CBH team

2

Team Insights

- 1 Everything in Athlete Wellness Access, plus:
- 2 Aggregated team report showing common patterns across your roster
- 3 Spot team-wide trends to guide team recovery, stress, and nutrition

3

Custom Program

- 1 Built around your season & athletes
- 2 Preseason baseline, midseason check-in, offseason reset
- 3 Team education sessions with CBH
- 4 A dedicated CBH team to design and launch it with you



How to Get Started

1

Book a 15-Minute Call.

See a sample report, pricing, and how it fits your season.

2

Pick Your Path.

Athlete Wellness Access, Team Insights, or Custom Program.

3

Start Before Your Next Season.

Get a baseline for your athletes while there's time to act on it.

See What This Could Look Like for Your Team



[Book a Call](#)